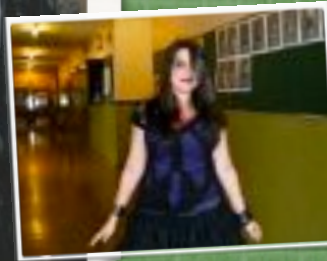


# The Pinehurst Needler

NOVEMBER 2010

ISSUE TWO



*A visit to Nightmares Haunted House  
Goth Girl  
Pumpkin carving*

## Halloween Weekend at Pinehurst - by Steve Simpson

Halloween weekend at Pinehurst started on a high note and that momentum was carried all through the weekend. Three of our students enjoyed a frightening Friday evening at the Haunted House, Nightmares, in Niagara Falls. Those terrified students, with the exception of Max, took cover behind an equally terrified Katrina (staff) during their outing, all of which returned to the school thrilled by the experience. The rest of us journeyed to get pumpkins, and then returned for an entertaining carving time, including the roasting of Cajun flavoured pumpkin seeds. With all students back at Pinehurst, we took our snack to the common room and watched Nightmare on Elm Street... Not all the students slept soundly that night... Saturday was filled with much relaxation, until darkness came and we ventured off to two Haunted Tunnels within the Niagara area. At the Screaming tunnel, legend has it if you stand quietly in the middle

and light a match, the ghost of a little girl who burned to death at that very spot in the past, would scream and blow the flame out. Although the only "girlish" screams we heard came from a few frightened teenage boys, the anxiety of what may occur caused all of us to shiver inside. The Blue Ghost tunnel has the appearance of something straight out of a horror movie. From entering by a rusty metal gate, to slowly pacing through the darkness of a cold, damp, dated tunnel, the whole atmosphere can only be described as creepy and disturbing. Even though no misty figures were sighted, two students, Dave and Evan, felt very nauseous at times, while others swore they could hear voices... signs and symptoms of the Haunting spirits of the tunnel. Our weekend culminated on the 31<sup>st</sup> with our Halloween Bash, which found the majority of students and staff dressed in costumes. We had gothic girl, a scary jester, sub-zero from Mortal

Combat, a handsome pirate, a student representing a staff member (whose costume and personality did quite a good job), and many ad lib costumes from our create-a-costume-from-random-stuff contest, including a homeless wannabe-Ironman. The remainder of the afternoon was spent eating candy and chocolate while watching a couple "horrific" flicks in our decorated common room, which were thoroughly enjoyed by all. After dinner, staff and students went outside, put up some decorations including lighting our four jack-o-lanterns and handed out candy to the neighbourhood trick-or-treaters. This was a weekend for the books! A strong positive attitude by all students, a sense of unity as all students participated in each and every activity, and many fear-provoking moments! Great times on Halloween at Pinehurst!

THANKS!

## Remembering

by **Jessie Kirkwood**

Poppies begin to appear  
I see them everywhere  
Now I know what day is almost here  
What day is coming near

I imagine myself in a field of red  
The blood of soldiers on a poppy bed  
The soldiers who gave their lives  
So we might one day live without lies

Dead bodies all around  
Lying all over the ground  
Tears come to my eyes  
For the soldiers who died for a few men's wives

I pin a poppy to my shirt  
I see all the veterans who try to hide their lasting  
hurt  
This day I will always remember  
In this cold, crisp, sad month of November

I murmur the poem to myself  
The poems I get from a book on my shelf  
Lines playing over in my head  
As I remember those who are dead

---

## Remembrance Day

by **Aser Barakat**

Remembrance Day is a day to pray,  
When we say Remembrance Day.  
We think straight away those men who fought.  
Fought and brought us to where we are today,  
Men who took their lives and left their wives.  
To fight for us and do us right,  
So take a second and gain insight.  
We sit here in health, some in wealth,  
So we can take a second in silence,  
While for the ones living remember the violence.  
We go and pray for the men and women who went  
away,  
It's not an easy day, but we stand and pray.  
Some people say it's not an important day,  
But the only people who pay,  
Are the ones who lost their families.  
Everyone can see what it meant to be in the army.  
Pain, sorrow, and no compassion.  
People in the war had no fashion.  
More importantly; ration.  
People call them murderers but they do it for a  
reason, to keep countries peacin'  
And as you can tell we're at war no more,  
Because the people who went out and fought the  
war.  
Let's keep this up and have conflict no more.

# Remembrance Day November 11, 2010



*Pinehurst student, Ashley Gaty, prepares to lay a wreath at the Cenotaph during The Remembrance Day Service*

## Imagine

by **Kathryn Furlan**

Imagine a country where everyone is equal  
Imagine a country proud and strong  
Imagine a country that had brave men and  
women who put their lives on line for our  
freedom  
Imagine a country where these people are  
honoured  
Imagine a country that still has brave men  
and women that continue to put their lives  
on line for us  
Imagine a country where peace keeping is  
the main objective  
**Imagine Canada**



## Putting the Mozart Effect to Practice!

The Grade 12 Human Growth and Development class has dedicated a significant amount of time studying the effect of brain stimulation on infancy, early childhood and brain development. Research has proven that music has an effect on brain activity and development. The neurons exercised by music strengthen the same circuits used for mathematical reasoning. While listening to music, the brain gains energy and boosts intelligence.

What is the Mozart Effect?

David Merrill, a teenager in Virginia, has won numerous science awards for his studies on the effect of hard rock music on mice. He divided seventy-two mice into three groups of twenty-four, played different music for the two groups, and then had them walk through a maze three times a week for three weeks. The control group had no music, the second group listened to Mozart and the third group listened to hard rock. The group

that heard Mozart was able to navigate the maze most efficiently. The group that listened to hard rock was dazed and confused almost as though their senses were dulled.

Our class took the concept of the Mozart Effect and performed our own experiment with a group of three volunteer two-year olds who came to the class. The children were engaged in a colouring and craft activity while students played different types of music in the background (Led Zeppelin, The Flight of the Bumblebee, The Wiggles, etc.). Students watched for changes in the behaviour of the children as a result of the type of music they were listening to influencing their brain activity. We are still discussing the observations and determining if we did, in fact, see the Mozart Effect take place.

After our experiment, a healthy snack was provided for the children while the students took turns presenting a specific aspect of healthy brain development in a seminar for our guest moms.



One of the benefits of having small class sizes is the ability to engage students in hands-on learning experiences such as this. The guest moms had many positive comments about how the students engaged the children and interacted with them during their visit.



## Important Dates

### NOVEMBER BREAK

Students will be dismissed at 1:00 pm on Thursday, November 25th. The school will be closed at that time. Students should return on Monday, November 29th., at 8:00 pm. Doors open at 7:30 pm.

### CHRISTMAS BREAK

Students will be dismissed at 3:00 pm on Friday, December 17th. The school will be closed at that time. Students should return on Sunday, January 2nd., at 8:00 pm. Doors open at 7:30 pm.

# Thanksgiving at Pinehurst

Staff and students were treated to a Thanksgiving Feast, thanks to the fabulous efforts of the Gr. 10 Hospitality & Tourism Class. Students were responsible for planning, shopping, decorating, cooking, serving, and clean up. It was amazing.

## MENU

ROASTED TURKEY

RUSSET MASHED  
POTATOES

DELECTABLE BACON  
WRAPPED STUFFING

AUTUMN SQUASH

SINFUL APPLE PIE

CREAMY PUMPKIN  
PIE



## JELLY ROLL

### Ingredients:

- 3 eggs
- 1 cup granulated sugar
- 1/3 cup water
- 1 teaspoon vanilla
- 3/4 cup all-purpose flour or 1 cup pastry flour
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- Powdered sugar
- 2/3 cup raspberry jelly or jam, or use strawberry

### Preparation:

Heat oven to 375°. Line jelly roll pan, 15 1/2 X 10 1/2 inch, with cooking parchment paper, aluminum foil or waxed paper; generously grease foil or waxed paper. Beat eggs in small bowl with electric mixer on high speed about 5 minutes or until very thick and lemon coloured. Pour eggs into medium bowl. Gradually beat in granulated sugar. Beat in water and vanilla on low speed. Gradually add flour, baking powder and salt, beating just until batter is smooth. Pour into pan, spreading to corners. Bake 12 to 15 minutes or until toothpick inserted in centre comes out clean. Immediately loosen cake from edges of pan and turn upside down onto towel generously sprinkled with powdered sugar. Carefully remove paper. Trim off stiff edges of cake if necessary. While hot, carefully roll cake and towel from narrow end. Cool on wire rack at least 30 minutes. Unroll cake and remove towel. Beat jelly slightly with fork to soften; spread over cake. Roll up cake. Sprinkle with powdered sugar.

• PINEHURST •



www.pinehurst.on.ca  
905 641 0993

10 Seymour Avenue  
St. Catharines ON

## Contact Information

### Our Mission

Pinehurst School's mission is

- to motivate our Pinehurst community members to achieve their potential in intellectual, emotional, social, physical and moral development;
- to exercise a positive and pro-active role in addressing contemporary societal issues and in resolving social conflicts; and
- to provide a stimulating, engaging, and highly structured learning environment, focused upon preparing for college/university success.